



KAPWA WELLNESS
ancient wisdom * modern healing

TEA & TAROT

SATURDAYS 10:00 - 11:15 AM

| | |
|--------|-------------------------------------|
| MAR 22 | Self Love |
| MAR 29 | Gratitude |
| APR 05 | Intuition |
| APR 12 | Transformation |
| APR 19 | Claiming Your Power |
| APR 26 | Overcoming Limiting Beliefs |
| MAY 03 | Setting Boundaries |
| MAY 10 | Manifesting Your Dreams |
| MAY 17 | Cultivating Joy |
| MAY 24 | Planting Seeds of Change |
| MAY 31 | Embracing Transformation |
| JUN 07 | Nurturing Relationships |
| JUN 14 | Nurturing Growth through Compassion |
| JUN 21 | Cultivating Mindfulness |



kapwawellness.com

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